

# The Future of Health Care on Campus: A Sustainability Plan for Options For Sexual Health at Selkirk College

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## Background & Purpose

To evaluate the sustainability of the Opt clinic, and provide recommendations based on our research as to how to best meet the health needs of Selkirk College's diverse populations

Opt is a non-profit organization based in BC that offers sexual health counselling, low-cost contraceptives and supplies, testing, and sexual health education to clients of all ages, genders, and orientations. As of January, 2019, the clinic's current RN will no longer be overseeing the college's clinic, and the potential of a pilot NP run Wellness Clinic is probable.

It is pertinent to consider logistically how a NP run Wellness Clinic functions in relation to Opt on campus at Selkirk College. Identifying and developing a shared vision for health provision on campus with key stakeholders will create a foundation for the collective to reach a common vision.

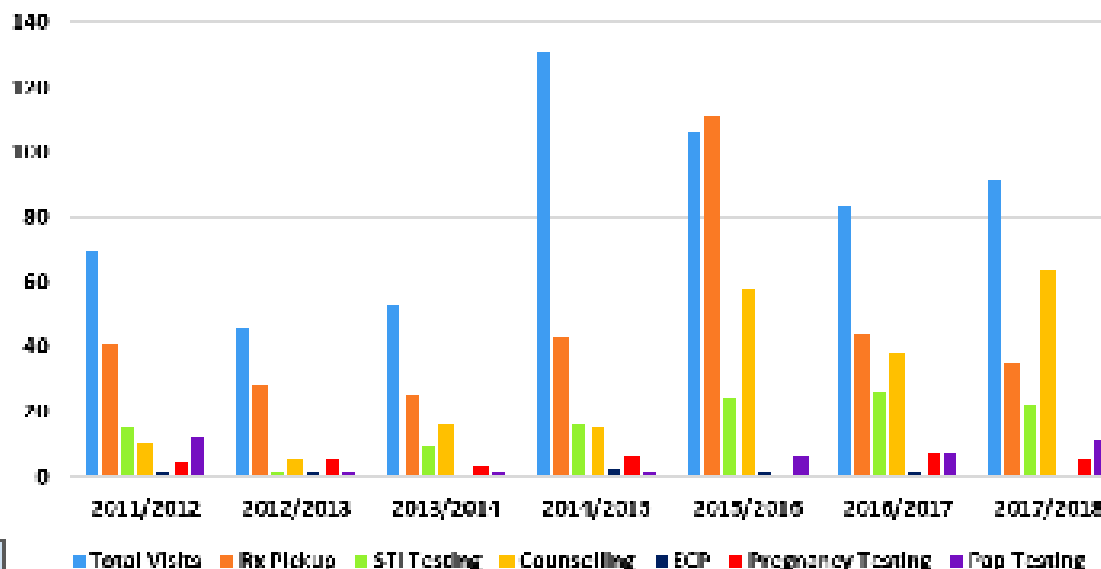
## Creating a Shared Vision Workshop

Developing a shared vision orients leaders and gives meaning to leaders and their team as an inspirational driving force for transformative change (Martin et al, 2014). Our workshop for campus health stakeholders will develop a foundation that this team can build upon to promote health on campus at Selkirk College. Individual key stakeholders participated in a one hour workshop based on an Appreciative Inquiry approach. From the foundation of a common vision, leaders in health care provision on campus will be more equipped to sort, focus, prioritize, and evaluate the progress of health promotion strategies (Martin et al, 2014).

## Barriers To Accessibility

- Limited sexual health knowledge
- Hours of operation
- Health literacy
- Population's needs
- Physical location
- Continuity of clinicians

## Selkirk College Options for Sexual Health Usage



## Recommendations

Recommendations are focused on improving student access to the Opt clinic at Selkirk College.

- ✓ Have Opt and Wellness Clinic run at the same time in the same location to promote anonymity & privacy
- ✓ Relocate clinic to a high traffic location that preserves privacy and fosters use
- ✓ Invite Gerontology students to participate in Opt training
- ✓ Promote awareness of services through posters and advertising
- ✓ Educate Resident Assistants about Opt and health services provided on campus
- ✓ Annual needs evaluation of clinic through NURS 351 Practicums
- ✓ Vision building workshop follow-up annually

## Potential Vision Statement

"A holistic on-site health care service accessible to everyone at Selkirk College"

\*\* This vision statement has been influenced by themes discussed during the November 14 Vision Workshop. Vision statement to be reimaged with a larger Selkirk College cohort at a later time\*\*



Selkirk College



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