



# ELECTRONIC CIGARETTES



## NICOTINE AND ADVERTISING STRATEGIES

### Grade 8 High school Students

- Targeted audience for presentation as 8<sup>th</sup> graders are starting a new stage in their lives
- Youth may be exposed to peer pressure to engage in electronic cigarette use
- 8<sup>th</sup> graders are the audience of aggressive advertising strategies
- Research shows an increase in the rate of electronic cigarette youth

### Objective

- Engage with youth about electronic cigarette beliefs
- Discuss advertising strategies and increase of youth vapers
- Address beliefs about nicotine concentration of electronic cigarettes
- Demonstrate potential nicotine amounts ingested by product users
- To discuss normalizing of the use of electronic cigarettes

### Expected Youth Outcomes

- Awareness of how they are being targeted by advertising
- Identification of product information that may not reflect true health impact
- Increased awareness of nicotine volume ingested during use
- Increased capacity to make informed decisions about these products

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<http://www.123rf.com/stock-photo/e-cigarette.html?mediapopup=28399769>



<https://plus.google.com/+VaporShopInDenver/posts/8me>

### Health Promotion

- Educate students on how they are being targeted by advertising
- Inform youth on nicotine concentrations in e-cig fluid
- Create an environment where students can ask questions
- Develop critical thinking skills
- Create the potential for informed decision making

Stamler, L. L., & Yli, L. (2012). Community health nursing: A Canadian perspective (3rd ed.). Toronto: Pearson.

### Presentation Design

- Discussion with students
- Survey questions to assess learning
- Simple math questions to demonstrate potential nicotine content
- Visual representation of nicotine concentration in electronic cigarette fluid

### Sustainability

- 3rd year nursing students can provide education sessions in area high schools, based on this project work